

ABSTRAK

EVALUASI PROGRAM PEMBINAAN PRESTASI SEKOLAH SEPAK BOLA (SSB) BMU ALOR PANTAR

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Latar belakang: Perkembangan olahraga sepak bola di Indonesia kini menunjukkan kemajuan yang cukup signifikan. Awalnya, permainan ini hanya dilakukan sebagai sarana hiburan atau sekadar pengisi waktu luang. Namun, setelah diselenggarakannya berbagai kompetisi, minat masyarakat terhadap sepak bola semakin meningkat, bahkan banyak yang menjadikannya sebagai ajang untuk meraih prestasi dan mengharumkan nama bangsa. Hal ini sejalan dengan peraturan menteri pemuda dan olahraga republik indonesia nomor 12 tahun 2024 tentang sentra pembinaan olahraga prestasi nasional yang menekankan pentingnya pembinaan prestasi olahraga. Meskipun mencapai prestasi olahraga bukanlah hal yang mudah, namun dengan usaha dan pembinaan yang tepat, hal tersebut tetap sangat mungkin untuk diwujudkan (Ridwan, 2020).

Tujuan penelitian: Mengevaluasi pelaksanaan program pembinaan prestasi di SSB BMU Alor Pantar, menganalisis kesesuaian program latihan dengan karakteristik dan kebutuhan peserta didik, mengidentifikasi faktor pendukung dan faktor penghambat dalam pelaksanaan program pembinaan prestasi.

Metode penelitian: Penelitian yang digunakan pada penelitian ini adalah jenis penelitian kualitatif deskriptif dengan menggunakan teknik pengumpulan data yaitu observasi, wawancara dan dokumentasi. Analisis data menggunakan teknik data kualitatif model Miled dan Huberman.

Hasil dan pembahasan: Berdasarkan hasil penelitian dan wawancara yang telah dilakukan oleh peneliti tentang Evaluasi Program Pembinaan Prestasi Sekolah Sepak Bola (SSB) BMU ALOR PANTAR, bahwa program pembinaan dari manajer dan pelatih merupakan hasil kerja yang dicapai manajemen dalam melaksanakan tugas yang telah diberikan untuk mencapai tujuan optimal pada tim SSB BMU ALOR PANTAR.

Kata kunci: *program, pembinaan, prestasi*

ABSTRACT

EVALUATION OF THE ACHIEVEMENT DEVELOPMENT PROGRAM AT BMU ALOR PANTAR SOCCER SCHOOL (SSB)

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Background: The development of football in Indonesia has shown significant progress in recent years. Initially, football was played merely as a form of entertainment or a leisure activity. However, with the increasing number of competitions, public interest in football has grown substantially, encouraging many individuals to pursue achievements and contribute to the nation's sporting success. This is in line with the Regulation of the Minister of Youth and Sports of the Republic of Indonesia Number 12 of 2024 concerning the National Sports Achievement Development Centers, which emphasizes the importance of systematic athlete development. Although achieving sporting excellence is not easy, it can be attained through proper effort and well-planned coaching programs (Ridwan, 2020).

Objective: This study aimed to evaluate the implementation of the achievement development program at BMU Alor Pantar Soccer School (SSB), analyze the suitability of the training program with the characteristics and needs of the athletes, and identify the supporting and inhibiting factors affecting the implementation of the achievement development program.

Method: This study employed a descriptive qualitative research design. Data were collected through observation, interviews, and documentation. The data were analyzed using the qualitative data analysis model developed by Miles and Huberman.

Results and Discussion: Based on the findings of the research and interviews conducted, the achievement development program at BMU Alor Pantar Soccer School (SSB) demonstrated that the coaching program implemented by the manager and coaches reflected the management's performance in carrying out their assigned responsibilities to achieve the team's optimal objectives. The implementation of the program was supported by effective management, appropriate coaching strategies, and collaboration among stakeholders, although several challenges remained during its execution.

Keywords: program, coaching, achievement.