

ABSTRAK

TINJAUAN PERKEMBANGAN KARAKTER SISWA DALAM PEMBELAJARAN PJOK DI SMP NEGERI 20 KOTA KUPANG

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Latar belakang: Pendidikan tidak hanya berfokus pada penguasaan pengetahuan, tetapi juga pada pembentukan karakter siswa. Pembelajaran Pendidikan Jasmani, Olahraga, dan Kesehatan (PJOK) memiliki peran strategis dalam menanamkan nilai-nilai karakter seperti disiplin, tanggung jawab, kerja sama, dan sportivitas melalui aktivitas fisik dan sosial. Namun, berdasarkan pengamatan di SMP Negeri 20 Kota Kupang, masih ditemukan perilaku siswa yang menunjukkan rendahnya penerapan nilai karakter tersebut. Selain itu, perkembangan karakter siswa dalam pembelajaran PJOK di sekolah tersebut belum diketahui secara deskriptif kuantitatif.

Tujuan penelitian: untuk mengetahui dan mendeskripsikan perkembangan karakter siswa dalam pembelajaran PJOK di SMP Negeri 20 Kota Kupang, khususnya pada indikator disiplin, tanggung jawab, kerja sama, dan sportivitas.

Metode penelitian: menggunakan pendekatan deskriptif kuantitatif untuk menggambarkan tingkat perkembangan karakter siswa dalam pembelajaran PJOK berdasarkan indikator yang telah ditentukan.

Hasil dan pembahasan: berdasarkan penelitian yang telah dilakukan diperoleh gambaran bahwa perkembangan karakter siswa berada pada kategori baik. Berdasarkan data dari angket, diperoleh persentase perkembangan karakter untuk indikator disiplin 80,14%, tanggung jawab 76,14%, kerja sama 77,5%, dan sportivitas 78,28%. Sementara itu, berdasarkan rubrik penilaian, diperoleh skor rata-rata untuk indikator disiplin 2,75, tanggung jawab 2,57, kerja sama 2,78, dan sportivitas 2,71. Hal ini menunjukkan bahwa pembelajaran PJOK berkontribusi dalam pembentukan karakter siswa.

Simpulan: Berdasarkan hasil tersebut, dapat disimpulkan bahwa pembelajaran PJOK memiliki kontribusi terhadap perkembangan karakter siswa di SMP Negeri 20 Kota Kupang, khususnya pada aspek disiplin, tanggung jawab, kerja sama, dan sportivitas.

Kata kunci: Karakter Siswa, Pembelajaran PJOK, Disiplin, Tanggung Jawab, Kerja Sama, Sportivitas

ABSTRACT

REVIEW OF STUDENT CHARACTER DEVELOPMENT IN PJOK LEARNING AT STATE MIDDLE SCHOOL 20 KUPANG CITY

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Background: education focuses not only on mastering knowledge, but also on building students' character. Physical Education, Sports, and Health (PJOK) learning plays a strategic role in instilling character values such as discipline, responsibility, cooperation, and sportsmanship through physical and social activities. However, based on observations at SMP Negeri 20 Kupang City, student behavior is still found to indicate a low level of application of these character values. In addition, the development of student character in PJOK learning at the school has not been known descriptively quantitatively.

Research objective: to determine and describe the development of student character in PJOK learning at SMP Negeri 20 Kupang City, especially in the indicators of discipline, responsibility, cooperation, and sportsmanship.

Research method: using a quantitative descriptive approach to describe the level of character development of students in PJOK learning based on predetermined indicators.

Results and discussion: based on the research that has been conducted, it is obtained that the development of student character is in the good category. Based on data from the questionnaire, the percentage of character development for the discipline indicator is 80.14%, responsibility 76.14%, cooperation 77.5%, and sportsmanship 78.28%. Meanwhile, based on the assessment rubric, the average score for the discipline indicator is 2.75, responsibility 2.57, cooperation 2.78, and sportsmanship 2.71. This shows that PJOK learning contributes to the formation of student character.

Conclusion: based on these results, it can be concluded that PJOK learning has contributed to the development of student character at SMP Negeri 20 Kupang City, especially in the aspects of discipline, responsibility, cooperation, and sportsmanship.

Keywords: *Student Character, Physical Education Learning, Discipline, Responsibility, Cooperation, Sportsmanship*