

ABSTRAK

PENGARUH MODEL PEMBELAJARAN TERINTEGRASI (MODEL BLEGUR) TERHADAP KETERAMPILAN PEMECAHAN MASALAH MAHASISWA PADA PERKULIAHAN MICRO TEACHING

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Latar belakang: Keterampilan pemecahan masalah merupakan salah satu kompetensi penting yang harus dimiliki mahasiswa calon guru dalam menghadapi berbagai situasi pembelajaran. Namun, keterampilan tersebut masih belum berkembang secara optimal pada perkuliahan micro teaching karena pembelajaran cenderung berpusat pada dosen. Oleh karena itu, diperlukan model pembelajaran yang mampu melibatkan mahasiswa secara aktif, salah satunya melalui Model Pembelajaran Terintegrasi (Model Blegur).

Tujuan penelitian: Penelitian ini bertujuan untuk menganalisis pengaruh Model Pembelajaran Terintegrasi (Model Blegur) terhadap keterampilan pemecahan masalah mahasiswa pada perkuliahan micro teaching.

Metode penelitian: Penelitian ini menggunakan pendekatan kuantitatif dengan metode eksperimen melalui desain **One Group Pretest–Posttest Design**. Sampel penelitian berjumlah 31 mahasiswa Program Studi Pendidikan Jasmani, Kesehatan, dan Rekreasi yang dipilih menggunakan teknik **total sampling**. Instrumen penelitian berupa angket keterampilan pemecahan masalah yang telah memenuhi uji validitas dan reliabilitas. Analisis data dilakukan menggunakan statistik deskriptif, uji normalitas, uji homogenitas, dan **Uji Wilcoxon Signed-Rank Test** karena data tidak berdistribusi normal.

Hasil dan pembahasan: Hasil penelitian menunjukkan adanya peningkatan keterampilan pemecahan masalah mahasiswa setelah penerapan Model Pembelajaran Terintegrasi (Model Blegur). Hasil Uji Wilcoxon Signed-Rank Test memperoleh nilai signifikansi (Asymp. Sig. 2-tailed) sebesar **0,000 ($p < 0,05$)**, sehingga terdapat perbedaan yang signifikan antara nilai *pretest* dan *posttest*. Temuan ini menunjukkan bahwa Model Pembelajaran Terintegrasi (Model Blegur) efektif dalam meningkatkan keterampilan pemecahan masalah mahasiswa melalui pembelajaran yang aktif, kolaboratif, reflektif, dan berorientasi pada penyelesaian masalah.

Simpulan: Model Pembelajaran Terintegrasi (Model Blegur) berpengaruh signifikan terhadap peningkatan keterampilan pemecahan masalah mahasiswa pada perkuliahan micro teaching. Model ini dapat dijadikan sebagai salah satu alternatif pembelajaran inovatif dalam meningkatkan kemampuan berpikir kritis, analitis, dan pemecahan masalah mahasiswa calon guru.

Kata kunci: Model Pembelajaran Terintegrasi (Model Blegur), keterampilan pemecahan masalah, *micro teaching*, mahasiswa.

ABSTRACT

THE EFFECT OF THE INTEGRATED LEARNING MODEL (BLEGUR MODEL) ON STUDENTS' PROBLEM-SOLVING SKILLS IN MICRO TEACHING COURSES

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Background: *Problem-solving skills are one of the essential competencies that prospective teachers must possess to address various challenges encountered during the teaching and learning process. However, these skills have not yet developed optimally in Micro Teaching courses because learning activities are often centered on the lecturer. Therefore, an innovative learning model that actively engages students is needed, one of which is the Integrated Learning Model (Blegur Model).*

Research objective: *This study aimed to determine the effect of the Integrated Learning Model (Blegur Model) on students' problem-solving skills in Micro Teaching courses.*

Research method: *This study employed a quantitative approach using an experimental method with a One-Group Pretest–Posttest Design. The participants consisted of 31 students from the Physical Education, Health, and Recreation Study Program, selected using a total sampling technique. Data were collected using a problem-solving skills questionnaire that had been tested for validity and reliability. Data were analyzed using descriptive statistics, normality testing, homogeneity testing, and the Wilcoxon Signed-Rank Test because the data were not normally distributed.*

Result and discussion: *The findings revealed a significant improvement in students' problem-solving skills after the implementation of the Integrated Learning Model (Blegur Model). The Wilcoxon Signed-Rank Test showed an Asymp. Sig. (2-tailed) value of 0.000 ($p < 0.05$), indicating a statistically significant difference between the pretest and posttest scores. These findings demonstrate that the Integrated Learning Model (Blegur Model) effectively enhances students' problem-solving skills through active, collaborative, reflective, and problem-oriented learning activities.*

Conclusion: *The Integrated Learning Model (Blegur Model) has a significant positive effect on improving students' problem-solving skills in Micro Teaching courses. Therefore, this learning model can be considered an innovative instructional approach to enhance prospective teachers' critical thinking, analytical, and problem-solving abilities.*

Keyword: *Integrated Learning Model (Blegur Model), problem-solving skills, Micro Teaching, students.*