

CHAPTER V

CONCLUSION AND SUGGESTIONS

5.1 Conclusion

This study was conducted to investigate the effectiveness of 6 Minute English video podcast in improving thematic vocabulary mastery among fifth-semester students in the English Language Education Program at Artha Wacana Christian University in Kupang, as well as to explore their views on the use of this medium. Based on the data analysis and discussion presented in the previous chapter, the following conclusions can be drawn:

First, in responding to the first research question regarding the effectiveness of the 6 Minute English video podcast in improving students' mastery of thematic vocabulary, the results of this study indicate that the use of 6 Minute English video podcast is effective in improving mastery of health-related thematic vocabulary among fifth-semester students in the English Language Education Program at Artha Wacana Christian University in Kupang. This is evidenced by three main findings. The results of descriptive statistical analysis show a significant increase in the mean score from 63.99 on the pre-test to 91.87 on the post-test, reflecting an increase of 27.87 points. The results of the Paired Samples t-Test showed a significance value (2-tailed Sig.) of <0.001 , which is well below the alpha level of 0.05. This means that H_0 is rejected and H_1 is accepted, proving that there is a statistically significant difference between pre-test and post-test scores. Furthermore, the average N-Gain score of 76.17% falls into the high category (N-Gain $> 70\%$), indicating that the level of improvement in students' mastery of thematic vocabulary after using 6 Minute English video podcasts was high and significant.

Second, in response to the second research question regarding students' perceptions of the use of 6 Minute English video podcast, the results of the questionnaire analysis showed that all 25 students had very positive perceptions of the use of this medium. The overall average score for the questionnaire was 4.38, which falls into strongly agree category. The four aspects measured in the questionnaire—perceived effectiveness (Mean = 4.42), attitude toward the medium (Mean = 4.37), motivation and engagement (Mean = 4.23), and overall

perception (Mean = 4.57)—were consistently rated in strongly agree category. The highest average score was recorded for the overall perception aspect (4.57), where all 25 students agreed that 6 Minute English video podcast is effective as a medium for learning thematic vocabulary and expressed a desire for this medium to continue to be used in English language learning. These findings confirm that 6 Minute English video podcast is not only statistically proven to be effective in improving thematic vocabulary mastery but is also recognized by students as a highly engaging, accessible, and beneficial learning medium.

In summary, the findings of this study provide strong empirical evidence that the use of 6 Minute English video podcast as a learning medium is an effective and well-received approach to improving thematic vocabulary mastery in the context of English as a Foreign Language (EFL) instruction at the university level in Indonesia.

5.2 Suggestions

Based on the findings and conclusions of this study, the following recommendations are proposed to the relevant parties:

5.2.1 For Students

Students are encouraged to actively and consistently use the BBC Learning English “6 Minute English” video podcast as a source for independent learning and as a supplement outside the classroom. By watching episodes regularly and focusing on the thematic vocabulary presented in each episode, students can enrich their vocabulary knowledge in various thematic contexts such as health, technology, and the environment, which are frequently encountered in academic English proficiency exams like TOEFL and IELTS. Students are also encouraged to take notes on new vocabulary, practice using it in sentences or conversations, and explore other available episodes to broaden their exposure to thematic vocabulary beyond the health theme that is the focus of this study.

5.2.2 For English Teachers

English teachers are encouraged to integrate 6 Minute English video podcasts into their vocabulary instruction as an innovative, technology-based alternative to conventional teaching methods. This medium can be incorporated into structured classroom activities, such as vocabulary before watching, post-viewing discussions, and vocabulary exercises based on the episode's content. Teachers can also assign specific episodes as independent learning tasks to encourage students to develop independent learning habits. Given that this study found some neutral responses regarding student motivation and engagement, particularly regarding vocabulary note-taking and independent learning outside the classroom, teachers are encouraged to design more varied and interactive post-viewing activities to enhance student participation, motivation, and long-term vocabulary retention.

5.2.3 For Future Researchers

Future researchers interested in exploring similar topics are encouraged to consider the following suggestions. First, this study was limited to a single thematic domain, health, and a relatively small sample of 25 students, using a single-group pre-experimental design without a control group. Future research may consider expanding its scope to include more thematic domains, a larger sample size, and a true experimental design with a control group to produce findings that are more generalizable. Second, future researchers could investigate the long-term effects of using 6 Minute English video podcast on the retention of thematic vocabulary, as this study only measured short-term improvements during the two-week treatment period. Third, future research could explore the use of the "6 Minute English" video podcast in other language skills, such as listening comprehension or speaking proficiency, to provide a more comprehensive understanding of the medium's potential in English as a Foreign Language (EFL) learning. Fourth, researchers could also examine the effectiveness of other BBC Learning English programs or similar digital podcasts in different EFL contexts and educational levels to contribute to the advancement of research on technology-based vocabulary learning.