

ABSTRACT

ETNOBOTANI TUMBUHAN OBAT MASYARAKAT DI DESA MAKTIHAN KECAMATAN MALAKA BARAT

Hoar, M,A.)*

Ledo, M,E.S.)**

Ngginak, J.)**

Penelitian etnobotani tumbuhan obat di Desa Maktihan, Kecamatan malaka Barat, Kabupaten Malaka bertujuan untuk mengidentifikasi jenis-jenis tumbuhan yang di manfaatkan oleh masyarakat Desa Maktihan, Organ tumbuhan yang digunakan sebagai bahan pengobatan tradisional, cara pengolahan tumbuhan, serta manfaat dari tumbuhan obat. Metode penelitian yang digunakana adalah motode penelitian deskripsi kualitatis dengan teknik porpusive sampling. Tahapan dalam penelitian ini adalah observasi, wawancara dengan 8 responden informan kunci, dokumentasi tumbuhan obat, identifikasi tumbuhan obat dan analisis data. Hasil penelitian menunjukkan bahwa di Desa Maktihan terdapat 20 jenis tumbuhan yang dimanfaatkan oleh masyarakat sebagai bahan pengobatan tradisional. Persentase organ tumbuhan yang digunakan adalah daun(11%), akar (1%), kulit(5%), Persentase cara pengolah tumbuhan obat dalam pengobatan tradisional yaitu direbus (11%), dihaluskan(5%), di konsumsi secara langsung (7%). Manfaat tumbuhan obat di desa maktihan adalah untuk menyembuhkan penyakit seperti sistem pencernaan, mual, muntah, kembung, diare, sembelit, dan gangguan lambung.

Kata Kunci: Etnobotani, Tumbuhan Obat, pengolahan Tumbuhan Obat, pemanfaatan, Desa Maktihan

Keterangan: *) Mahasiwa

**) Dosen Pembimbing

ABSTRACT

Ethnobotany of medicinal plants used by the community in Maktihan Village, West Malaka District

Hoar, M,A.)

Ledo, M,E.S.)**

Ngginak, J.)**

This research is about the ethnobotany of medicinal plants in Maktihan Village, West Malaka Subdistrict, Malaka Regency. It aims to identify the types of plants utilized by the people of Maktihan Village, which plant organs are used as traditional medicine ingredients, and the benefits of these medicinal plants. This type of research is descriptive research using a purposive sampling technique. The data collection methods used are observation, interviews, and documentation. Data from the research results were then analyzed using qualitative descriptive analysis in accordance with the research objectives, which will be presented in the form of tables, photos, or images. The results showed that there are 20 types of plants used by the community in Maktihan Village as traditional medicine ingredients. The plant organs used are leaves, roots, and bark. The ways to process these plants for traditional medicine are boiling, grinding, and eating them directly. The people of Maktihan Village more often use herbal preparations by boiling them and then drinking the infusion. The most commonly used part by the

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***) Researcher**

*****) Advisor**