

ABSTRAK

PERAN PENCAK SILAT PSHT DALAM PEMBENTUKAN KARAKTER SISWA DI RANTING STIM KUPANG

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Latar belakang: Persaudaraan Setia Hati Terate (PSHT) sebagai salah satu Organisasi pencak silat tradisional memiliki orientasi kuat dalam pembentukan karakter anggotanya melalui penanaman nilai-nilai budi pekerti luhur, persaudaraan, disiplin, tanggung jawab, kejujuran, dan pengendalian diri. Namun, berdasarkan hasil observasi awal PSHT Ranting STIM, masih ditemukan beberapa permasalahan seperti kurangnya disiplin, tanggung jawab, serta sikap hormat siswa dalam proses latihan, sehingga diperlukan kajian mendalam terkait peran PSHT dalam pembentukan karakter siswa.

Tujuan penelitian: Penelitian ini bertujuan untuk mengetahui dan mendeskripsikan peran pencak silat Persaudaraan Setia Hati Terate (PSHT) dalam pembentukan karakter siswa di Ranting STIM Kupang.

Metode penelitian: Penelitian ini menggunakan pendekatan kualitatif dengan metode deskriptif. Teknik pengumpulan data dilakukan melalui observasi, wawancara, dan dokumentasi. Subjek penelitian terdiri atas pelatih, pengurus, orang tua dan siswa PSHT Ranting STIM Kupang. Analisis data dilakukan melalui tahapan reduksi data, penyajian data, dan penarikan Kesimpulan.

Hasil dan pembahasan: Hasil penelitian menunjukkan bahwa pencak silat PSHT berperan penting dalam pembentukan karakter siswa. Nilai-nilai karakter yang dikembangkan meliputi disiplin, tanggung jawab, sikap saling menghormati, kerja sama, kejujuran, serta mental tangguh dan pantang menyerah. Penanaman nilai-nilai tersebut dilakukan melalui pembiasaan dalam latihan, keteladanan pelatih, penerapan aturan latihan, serta pengamalan ajaran Setia Hati yang menekankan budi pekerti luhur dan persaudaraan. Meskipun masih terdapat kendala dalam penerapannya, secara umum PSHT memberikan kontribusi positif terhadap pembentukan karakter siswa.

Simpulan: Pencak silat Persaudaraan Setia Hati Terate (PSHT) di Ranting STIM Kupang memiliki peran strategis dalam pembentukan karakter siswa. Melalui latihan yang terstruktur dan berkesinambungan, PSHT tidak hanya mengembangkan kemampuan bela diri, tetapi juga membentuk siswa menjadi pribadi yang disiplin, bertanggung jawab, jujur, sopan, serta memiliki jiwa persaudaraan dan mental yang kuat.

Kata kunci: Pencak Silat, Persaudaraan Setia Hati Terate (PSHT), Pembentukan Karakter, Siswa

ABSTRACT

THE ROLE OF PENCAK SILAT PSHT IN CHARACTER FORMATION OF STUDENTS IN THE STIM KUPANG BRANCH

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Background: Pencak silat is an Indonesian cultural heritage that serves not only as a martial art and sport, but also as a means of character development. The Persaudaraan Setia Hati Terate (PSHT), as a traditional pencak silat school, strongly focuses on character development for its members by instilling the values of noble character, brotherhood, discipline, responsibility, honesty, and self-control. The STIM Kupang branch serves as one of the PSHT training facilities, playing a role in developing students not only physically but also mentally and morally. However, initial observations revealed several issues, such as a lack of discipline, responsibility, and respect during training, necessitating an in-depth study of PSHT's role in character development.

Research objective: This study aims to identify and describe the role of the Persaudaraan Setia Hati Terate (PSHT) pencak silat in character development for students at the STIM Kupang branch.

Research method: This study used a qualitative approach with descriptive methods. Data collection techniques included observation, interviews, and documentation. The research subjects consisted of coaches, administrators, and students of the PSHT STIM Kupang branch. Data analysis was conducted through the stages of data reduction, data presentation, and conclusion drawing. Data validity was maintained through triangulation of techniques and sources.

Result and discussion: The study shows that PSHT pencak silat plays a significant role in shaping students' character. The character values developed include discipline, responsibility, mutual respect, cooperation, honesty, and a resilient and never-give-up mentality. These values are instilled through practice, the example of coaches, the implementation of training rules, and the practice of the Setia Hati teachings, which emphasize noble character and brotherhood. Although there are still challenges in its implementation, PSHT generally makes a positive contribution to student character development.

Conclusion: The Persaudaraan Setia Hati Terate (PSHT) pencak silat program at the STIM Kupang branch plays a strategic role in shaping students' character. Through structured and continuous training, PSHT not only develops self-defense skills but also shapes students into individuals who are disciplined, responsible, honest, polite, and possess a strong sense of brotherhood and mental fortitude.

Keyword: Pencak Silat, Persaudaraan Setia Hati Terate (PSHT), Character Building, Students, Qualitative Research