

## CHAPTER V

### CONCLUSION AND SUGGESTIONS

#### 5.1. Conclusion

After conducting research and analyzing the data, the following conclusions can be drawn: how teachers apply the Sustained Silent Reading strategy to English lessons in class VIIIIG of SMP Lentera Harapan Kupang is very good, there is feedback from students, during the SSR reading process by the teacher applying the SSR strategy, class VIIIIG students can improve their reading skills, love of books, and increase English vocabulary for class VIIIIG students. English teachers are quite successful in applying the SSR strategy by using important elements from Herliyanto (2015: 8), namely preparation, reading period, and post- reading period.

How teachers use the SSR strategy with The teacher opens the class by greeting the students after that the teacher gives students preparation time to prepare reading tools such as reading books, journals, dictionaries, and other stationery, after that the teacher filters the students' reading books before reading after the preparation time the students start reading with a reading time of 10-15 minutes there will be additional time if the students have not finished reading within that time, while students read silently students read silently after reading students will summarize/record the material that has been read in their respective journals, after reading the teacher will close the reading class by directing students to put down reading books and other reading tools and continue the learning material. In addition, when implementing the SSR strategy, all students

in class VIIIIG gave a good response by following the reading process well. The English teacher also said that the Sustained Silent Reading strategy is very good for improving the reading skills of class VIIIIG students from before and when the teacher uses this strategy in the English teaching class the students' responses become happy, enjoy and relax in reading with this strategy the teacher can help students' difficulties in reading, and the students' reading process becomes more effective by using the SSR Strategy. Based on the findings, the following suggestions are made:

**1.1.1. For students:**

1. It is recommended that students choose English reading books that are not difficult to avoid boredom in reading
2. Students must have high motivation to learn to read English effectively.
3. Students must be interested in learning to read English books, especially books that improve vocabulary and English learning outcomes

**1.1.2. For the next researcher:**

This study aims to provide valuable contributions and insights for future researchers who may research similar topics, offering alternative strategies or methods for teaching and learning English.