

**THE IMPLEMENTATION OF SUSTAINED SILENT
READING (SSR) STRATEGY IN TEACHING ENGLISH AT
SMP LENTERA HARAPAN KUPANG**

A THESIS



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KUPANG
2025**

A THESIS

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LEGITIMATION PAGE



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STATEMENT OF ORIGINALITY AND NON-PLAGIARISM

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Hereby declare that the thesis I have written is my own work. This thesis does not contain any work or part of the work of others that I have taken in a manner contrary to the law, except for those which I have expressly cited in the references section.

If, in the future, it is proven that this statement is untrue, I am willing to accept any sanctions in accordance with the regulations in force at Artha Wacana Christian University.

This statement is made truthfully to be used as necessary.

Kupang, August 2025
Sincerely,

Sinta Irene Bakker



MOTTO

God who answered me in the day of my trouble
and was with me in the way I went.

(Genesis 35: 3.b)

DEDICATION

This writing is dedicated to the writer's beloved:

1. Almighty God for all His grace and love given to the writer in completing the studies at Artha Wacana Christian University.
2. The Writer's Parents : Amrosius Bakker and Tabita Keilayoka
3. The Writer's Brothers: Fandy Julia Bakker And Daniel Bakker
4. The Writer's Sister : Verga Karen Bakker
5. All of The Writer's Best friends: Esta, Atun Dewy, angel, wiwin, Yanti,
6. Almamater Artha Wacana Christian University, especially English Education Study Program.

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Kupang ,

The Researcher



Sinta Irene Bakker

**THE IMPLEMENTATION OF SUSTAINED SILENT READING (SSR)
STRATEGY IN TEACHING ENGLISH AT SMP LENTERA HARAPAN
KUPANG**

ABSTRACT

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Reading is an important factor in learning English, with a good strategy/method in teaching can help students develop their reading skills. Because in teaching English reading is very important to develop students' speaking skills in English, The main purpose of this study was to find out how teachers apply the strategy of continuous silent reading (SSR) in learning English, and respond to students' responses to the application of continuous silent reading (SSR) on students' reading skills, in Class VIIIIG SMP Lentera Harapan Kupang. The research method used is qualitative research and the research design is descriptive. The instruments used are observation, questionnaires and interviews, The population of this study consisted of 30 students and 2 English subject teachers. The sample of this study was 32. The results showed that the way the teacher implemented the SSR reading strategy was quite successful from 30 students, including 24 students who were quite proficient in the SSR reading strategy, and gave a good response when the teacher implemented the SSR strategy and 6 other students were less successful in mastering the SSR reading strategy, so to find out these factors, the researcher gave a questionnaire to 6 students who did not master/felt bored with the implementation of the SSR reading strategy. There are five main factors that affect the six students, namely: low English comprehension, lack of reading habits, lack of motivation/encouragement, lack of time spent in SSR, and lack of reading skills, which are the main factors that cause some students in class VIIIIG not to follow SSR well, thus affecting the six students in students reading SSR

Keywords: *How do teachers implement the SSR strategy, and student responses to the implementation of SSR.*

**PENERAPAN STRATEGY MEMBACA DIAM BERKELANJUTAN (SSR)
DALAM PENGAJARAN BAHASA INGRIS DI SMP LENTERA
HARAPAN KUPANG**

ABSTRAK

Sinta Irene Bakker¹ Dr.Phil.Festif R .Hoinbala² Norci Beeh³

Membaca merupakan faktor penting dalam pembelajaran Bahasa Inggris, dengan strategi/metode yang baik dalam pengajaran membantu siswa mengembangkan keterampilan membaca mereka. dalam pengajaran Bahasa ingris membaca sangatlah penting untuk mengembangkan ketrampilan berbicara dalam Bahasa ingris, Tujuan utama dari penelitian ini adalah untuk mengetahui bagaimana cara guru menerapkan strategi membaca *sustained silent reading (SSR)* dalam pembelajaran Bahasa Inggris, dan Bagaimana respon siswa kepada penerapan (SSR) hal tersebut terhadap keterampilan membaca siswa, di Kelas VIIIIG SMP Lentera Harapan Kupang. Metode penelitian yang digunakan adalah penelitian kualitatif dan desain penelitian bersifat deskriptif. Instrumen yang digunakan adalah observasi, dan kuestioner , Populasi penelitian ini terdiri dari 30 siswa dan 2 guru mata pelajaran Bahasa Inggris. Sampel penelitian ini adalah 32. Hasil penelitian menunjukkan bahwa cara guru menerapkan strategi membaca SSR cukup berhasil dari 30 siswa, terhitung 24 siswa cukup menguasai strategi membaca SSR,dan memberikan respon yang baik saat guru menerapkan strategy SSR dan 6 siswa lainnya kurang berhasil menguasai strategy membaca SSR, untuk mengetahui faktor-faktor tersebut, peneliti memberikan kuestioner kepada 6 siswa yang tidak menguasai penerapan strategi membaca SSR. Terdapat lima factor utama yang mempengaruhi keenam siswa tersebut, yaitu: pemahaman Bahasa Inggris yang rendah, kurangnya kebiasaan membaca, kurangnya motivasi/dorongan, kurangnya waktu yang digunakan dalam SSR, dan kurangnya keterampilan membaca, yang merupakan faktor utama yang menyebabkan ke enam siswa kelas VIIIIG tidak mengikuti SSR dengan baik.

Kata Kunci: *Bagaimana cara guru menerapkan strategi SSR, dan respon siswa terhadap penerapan SSR.*

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