

ABSTRAK

MODEL PEMBELAJARAN BERBASIS SIMULASI (*SIMULATION-BASED LEARNING*) UNTUK MENINGKATKAN HASIL BELAJAR PASSING BOLA VOLI BAGI SISWA UPTD SD INPRES NOELBAKI

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Latar Belakang: Berdasarkan hasil pengamatan selama Praktek Pengalaman Lapangan (PPL) dan hasil observasi pada tanggal 9-10 April 2025 di Unit Pelaksana Teknis Daerah (UPTD) SD Inpres Neolbaki, peneliti masih menemukan banyak siswa yang belum menguasai teknik dasar bola voli, baik itu servis, passing, smash dan block dengan benar. Hal ini dikarenakan penggunaan model pembelajaran yang belum menjawab kebutuhan siswa, metode yang kurang efektif atau monoton serta antusias siswa menurun terhadap materi dan siswa kurang mendengarkan penjelasan guru.

Tujuan Penelitian: untuk mengetahui model pembelajaran berbasis simulasi (*simulation-based learning*) untuk meningkatkan hasil belajar passing bola voli bagi siswa UPTD SD Inpres Noelbaki.

Metode Penelitian: Penelitian ini merupakan Penelitian Tindakan Kelas (PTK). PTK terdiri atas empat tahapan dalam tiap langkah. (Perencanaan, pelaksanaan, pengamatan, dan refleksi).

Hasil Penelitian: Berdasarkan hasil penelitian, pembelajaran passing bola voli di UPTD SD Inpres Noelbaki pada siklus I, jumlah siswa yang mengikuti tes teknik passing bola voli sebanyak 33 orang. Sebanyak 19 orang siswa dengan presentasi (58%) memiliki hasil belajar passing bola voli yang “baik”. Sementara, 7 orang siswa dengan presentasi (21%) memiliki hasil belajar passing bola voli yang “cukup”, serta 7 siswa dengan presentasi (21%) memiliki hasil belajar passing bola voli yang “kurang”. Dengan rata-rata skor terendah berada pada rata-rata 66,16 dengan skor tertinggi 75. Dan setelah diberikan pengarahan dan perbaikan pada siklus II hasil pembelajaran passing bola voli melalui pembelajaran berbasis simulasi pada siswa kelas UPTD SD Inpres Noelbaki berada pada rata-rata 83,08 dan skor tertinggi 100. 20 siswa dengan presentasi (61%) memiliki hasil belajar passing bola voli yang “sangat baik”, dan 13 siswa dengan presentasi (39%) memiliki hasil belajar passing bola voli yang “baik”.

Simpulan: Sesuai dengan hasil penelitian tersebut maka menjadi kesimpulan bahwa terdapat peningkatan pada pembelajaran passing bola voli melalui pembelajaran berbasis simulasi pada siswa UPTD SD Inpres Noelbaki. Sehingga dapat diartikan bahwa hasil perlakuan pembelajaran passing bola voli pada materi bola voli melalui pembelajaran berbasis simulasi meningkat.

Kata Kunci: Model pembelajaran; Simulation-Based Learning.

ABSTRACT

SIMULATION-BASED LEARNING MODEL TO IMPROVE VOLLEYBALL PASSING LEARNING OUTCOMES FOR STUDENTS OF UPTD SD INPRES NOELBAKI

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Background: Based on observations during the Field Experience Practice (PPL) and observations on April 9-10, 2025, at the Regional Technical Implementation Unit (UPTD) of Neolbaki Elementary School, researchers found that many students had not mastered the basic volleyball techniques, including serving, passing, smashing, and blocking correctly. This was due to the use of learning models that did not meet students' needs, ineffective or monotonous methods, and decreased student enthusiasm for the material and students not listening to teacher explanations.

Research Objectives: To find out the simulation-based learning model to improve volleyball passing learning outcomes for students of UPTD SD Inpres Noelbaki.

Research Method: This research is a Classroom Action Research (CAR). CAR consists of four stages: planning, implementation, observation, and reflection.

Research Results: Based on the research results, volleyball passing learning at UPTD SD Inpres Noelbaki in cycle I, the number of students who took the volleyball passing technique test was 33 people. A total of 19 students with a presentation (58%) had "good" volleyball passing learning results. Meanwhile, 7 students with a presentation (21%) had "sufficient" volleyball passing learning results, and 7 students with a presentation (21%) had "poor" volleyball passing learning results. With the lowest average score being at an average of 66.16 with the highest score being 75. And after being given direction and improvement in cycle II, the results of volleyball passing learning through simulation-based learning in class students of UPTD SD Inpres Noelbaki were at an average of 83.08 and the highest score was 100. 20 students with a presentation (61%) had "very good" volleyball passing learning results, and 13 students with a presentation (39%) had "good" volleyball passing learning results.

Conclusion: The research findings indicate an improvement in volleyball passing skills through simulation-based learning for students at the UPTD SD Inpres Noelbaki Elementary School. This suggests that the results of the volleyball passing skills treatment on volleyball material through simulation-based learning have improved.

Keywords: Learning model; Simulation-Based Learning.