

ABSTRAK

MOTIVASI SISWA DALAM MENGIKUTI PEMBELAJARAN SENAM LANTAI DI SMA NEGERI 1 FATULEU

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Latar belakang: Dari hasil observasi yang telah saya lakukan di lingkungan sekolah SMA Negeri 1 Fatuleu di mana penulis melihat banyak siswa kurang bersemangat dalam mengikuti pembelajaran penjas terkhususnya Senam lantai. Hal tersebut dikarenakan penulis juga melihat materi pembelajaran, dan cara mengajar guru kurang bervariasi. Hal ini yang menyebabkan siswa cepat jenuh dan membosankan.

Tujuan penelitian: Adapun tujuan penelitian ini dilakukan untuk mengetahui motivasi siswa dalam mengikuti pembelajaran senam lantai

Metode penelitian: Penelitian ini merupakan penelitian deskriptif kuantitatif dan Teknik pengumpulan data yang digunakan yaitu dengan menggunakan kuesioner atau angket untuk melihat seberapa besar motivasi siswa dalam mengikuti pembelajaran senam lantai Untuk menganalisis data, digunakan teknik statistik.

Hasil dan pembahasan: Siswa yang termasuk dalam interval 86-100 sebanyak 3 siswa. Hal tersebut dikarenakan siswa memiliki motivasi sangat tinggi, dalam interval 71-85 sebanyak 19 siswa menyatakan memilih motivasi dengan kategori tinggi dalam motivasinya, interval 56-70 sebanyak 5 siswa mempunyai motivasi dengan kategori Sedang, dan interval ≤ 55 sebanyak 1 siswa mempunyai motivasi dengan kategori rendah, Motivasi siswa muncul akibat adanya rangsangan atau pengaruh dari dalam diri dan dari luar.

Simpulan Berdasarkan perhitungan data hasil penelitian di peroleh data motivasi siswa dalam mengikuti pembelajaran senam lantai di SMA Negeri 1 Fatuleu di tinjau dari seluruh indikator yang mempengaruhinya adalah dengan jumlah responden 28 siswa. bahwa sejumlah 3 siswa (11%) mempunyai motivasi yang termasuk pada kategori sangat tinggi. Kemudian sejumlah 19 siswa (68%) mempunyai motivasi yang termasuk pada kategori tinggi. Lalu sejumlah 5 siswa (18%) mempunyai motivasi yang termasuk pada kategori sedang, dan sejumlah 1 siswa (3%) mempunyai motivasi yang termasuk pada kategori rendah. Dari hasil di atas dapat di simpulkan demikian perkembangan pembelajaran senam lantai cukup berkembang dengan adanya motivasi dari dalam diri siswa, maupun lingkungan sekitar.

Kata kunci: *Motivasi siswa, pembelajaran, senam lantai.*

ABSTRACT

RELATIONSHIP BETWEEN TEACHER COMPETENCE AND STUDENTS LEARNING OUTCOME IN PHYSICAL EDUCATION, SPORT, AND HEALTH

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Background: From the results of the observations that I have made in the school environment of SMA Negeri 1 Fatuleu where the author sees that many students are less enthusiastic in participating in the learning of floor exercises. This is because the author also sees that the learning material, and the teacher's teaching method is less varied. This causes students to get bored and bored quickly.

Research objectives: The purpose of this research was carried out to find out the motivation of students in participating in floor gymnastics learning

Research methods: This research is a quantitative descriptive research and the data collection technique used is by using a questionnaire or questionnaire to see how much motivation students are in participating in the learning of the floor senanm To analyze the data, statistical techniques are used.

Results and discussion: Students who are included in the interval of 86-100 are 3 students. This is because students have very high motivation, in the interval of 71-85 as many as 19 students stated that they chose motivation with a high category in their motivation, in the interval of 56-70 as many as 5 students have motivation with the Medium category, and in the interval ≤ 55 as many as 1 student has motivation with a low category, Student motivation arises due to stimuli or influences from within and from outside.

Conclusion: Based on the calculation of the data from the research results, data on student motivation in participating in floor gymnastics learning at SMA Negeri 1 Fatuleu was reviewed from all indicators that affected it was the number of respondents of 28 students. that a total of 3 students (11%) have motivation that is included in the very high category. Then a total of 19 students (68%) had motivation that was included in the high category. Then a total of 5 students (18%) have motivation that is included in the medium category, and a total of 1 student (3%) has motivation that is included in the low category. From the above results, it can be concluded that the development of floor gymnastics learning is quite developed with motivation from within students, as well as the surrounding environment.

Keywords: *Student motivation, learning, floor gymnastics.*