

ABSTRAK

**MINAT SISWA PUTRI DALAM MENGIKUTI KEGIATAN
EKSTRAKURIKULER FUTSAL DI SMA NEGERI 5 KUPANG**

Maria Fransiska Bire ^{1*}, Dr. Anderias Johanis Lumba, S.Pd.,M.Pd ², Julian
Jeminel Leko, S.Pd.,M.Fis.,AIFO. ³

Program Studi Pendidikan Jasmani, Kesehatan, dan Rekreasi, Fakultas Keguruan dan Ilmu
Pendidikan, Universitas Kristen Artha Wacana, Kupang, Indonesia

email. mariafransiskabire@gmail.com

Latar belakang: Olahraga futsal merupakan salah satu cabang olahraga bola besar yang dimainkan oleh dua regu, dengan masing-masing jumlah pemain per-regu yakni sebanyak 5 orang. Tinggi rendahnya Minat siswa putri dalam mengikuti kegiatan ekstrakurikuler futsal di SMA Negeri 5 Kupang dapat dipengaruhi oleh beberapa faktor seperti ketersediaan sarana dan prasarana serta motivasi yang diberikan oleh guru dan orangtua.

Tujuan penelitian: Tujuan penelitian ini adalah: untuk mengetahui Minat siswa putri dalam mengikuti kegiatan ekstrakurikuler futsal di SMA Negeri 5 Kupang. Penelitian ini tergolong kedalam jenis penelitian deskriptif kuantitatif dengan menggunakan pendekatan survei.

Hasil dan pembahasan: Berdasarkan hasil penelitian maka diperoleh survei minat siswa dalam mengikuti kegiatan ekstrakurikuler futsal di SMA Negeri 5 Kupang masuk kedalam kategori “Sangat tinggi” sebanyak 16 siswa = 49%, kategori “Tinggi” sebanyak 12 siswa = 36 %, kategori “Kurang” sebanyak 4 = 12 % dan pada kategori Sangat kurang sebanyak 1 siswa = 3 %. Jadi total keseluruhan hasil pengkategorian presentase 100%

Simpulan: Bagi siswa, Minat dalam mengikuti kegiatan ekstrakurikuler futsal sangat penting karena dapat menggerakkan perilaku siswa ke arah positif sehingga mampu menghadapi segala tuntutan, kesulitan serta menanggung resiko dalam studinya. Minat dapat menentukan baik tidaknya dalam mencapai tujuan sehingga semakin besar minat semakin besar kesuksesan belajarnya.

Kata Kunci: *minat; ekstrakurikuler; futsal putri*

ABSTRAK
EFFORTS TO IMPROVE BASIC TECHNICAL PRACTICE IN
EXTRACURRICULAR ACTIVITIES

Maria Fransiska Bire ^{1*}, Dr. Anderias Johanis Lumba, S.Pd.,M.Pd ², Julian
Jeminel Leko, S.Pd.,M.Fis.,AIFO.³

Physical Education, Health and Recreation Study Program, Faculty of Teacher Training and
Education, Artha Wacana Christian University, Kupang, Indonesia

email.: mariafransiskabire@gmail.com

Background: Futsal is a major ball sport played by two teams, with 5 players per team. The level of student interest in playing futsal ball can be influenced by several factors such as the availability of facilities and infrastructure as well as the motivation provided by teachers and parents.

Research aim: The aim of this research is: to increase the interest of female students in participating in futsal extracurricular activities at SMA Negeri 5 Kupang. This research is classified as a quantitative descriptive research type using a survey approach

Results and discussion: Results and discussion: Based on the research results, a survey of students' interest in participating in futsal extracurricular activities at SMA Negeri 5 Kupang was obtained into the "Very High" category with 16 students = 49%, the "High" category with 12 students = 36%, the "High" category with 12 students = 36%, the "High" category with 12 students = 36% Insufficient "4 = 12% and in the Very Poor category 1 student = 3%. So the total percentage categorization results are 100%

Conclusion: For students, interest in participating in futsal extracurricular activities is very important because it can move students' behavior in a positive direction so that they are able to face all demands, difficulties and bear risks in their studies. Interest can determine whether or not you are good at achieving goals, so the greater the interest, the greater the success in learning

Keywords: *interest; extracurricular; women's futsal*