

ABSTRAK

PEMANFAATAN JENIS TUMBUHAN OBAT TRADISIONAL DI KECAMATAN ROTE TIMUR KABUPATEN ROTE NDAO

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Masyarakat kecamatan Rote Timur masih menggunakan berbagai macam tumbuhan alam untuk dimanfaatkan sebagai pengobatan tradisional. Penelitian ini berujuan untuk mengetahui berapa banyak jenis tumbuhan obat, cara pemanfaatan jenis tumbuhan obat dan cara pengolahan tumbuhan obat yang di gunakan sebagai pengobatan tradisional oleh masyarakat di Kecamatan Rote Timur Kabupaten Rote Ndao. Waktu pelaksanaan penelitian ini sudah dilaksanakan pada bulan Oktober-Desember 2023 di Kecamatan Rote Timur Kabupaten Rote Ndao. Metode yang digunakan dalam penelitian ini adalah metode deskriptif dengan teknik survey eksplorative (*jelajah*). Tumbuhan obat yang di temukan di Lokasi Penelitian Kecamatan Rote Timur Kabupaten Rote Ndao terdapat 38 jenis tumbuhan obat yaitu Tapak dara, Binahong, Lontar, Bandotan, pisang, kapok, Sayur ende, Kacang turis, Serai, Jambu biji, Temulawak, Cocor bebek, Jahe, Faloak, Pepaya, Krokot, Terong hutan, Asam, Kumis kucing, Srikaya, Putri Malu, Sirih, Jarak pagar, Pohon mahoni, Paria hutan, Kecubung, Daun afrika, Mangkokan, Mimba, Kayu ular, Serai Merah, Kersen, Patikan kebo, Pinang, Sirsak, Bawang merah, Kelor, Jeringau. Pemanfaatan dari jenis tumbuhan obat yang digunakan masyarakat adalah untuk muntah darah, luka operasi, darah rendah, luka sayatan, sariawan, cacar air, lambung, batuk, sakit punggung, pendarahan, bisul, demam, diare, maag, sakit kepala, rematik, hepatitis, malaria, pilek, sakit gigi, panas tinggi, bau badan, kanker, asma, penyakit dalam, gula darah, kolesterol, Infeksi saluran air kencing, darah tinggi, persalinan khususnya ari – ari, panas dalam. Cara pengolahan tumbuhan obat yaitu direbus, langsung dimakan, dioles, ditumbuk, dibakar.

Kata Kunci: Tumbuhan Obat, Obat Tradisional, Rote Timur

Keterangan

***Peneliti**

****Pembimbing**

ABSTRACT
USE OF TRADITIONAL TYPES OF MEDICINAL PLANTS IN EAST ROTE
DISTRICT, ROTE NDAO DISTRICT

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The people of East Rote sub-district still use various kinds of natural plants for traditional medicine. This research aims to find out how many types of medicinal plants there are, how to use types of medicinal plants and how to process medicinal plants which are used as traditional medicine by the people in East Rote District, Rote Ndao Regency. This research was carried out in October-December 2024 in East Rote District, Rote Ndao Regency. The method used in this research is a descriptive method with exploratory survey techniques. There are 38 types of medicinal plants found at the Research Location in East Rote District, Rote Ndao Regency, namely Tapak dara, Binahong, Lontar, Bandotan, banana, kapok, Ende vegetables, Tourist beans, Lemongrass, Guava, Temulawak, Cocor duck, Ginger. , Faloak, Papaya, Purslane, Forest eggplant, Tamarind, Cat's whiskers, Srikaya, Putri Malu, Betel, Jatropha, Mahogany tree, Forest pariah, Amethyst, African leaf, Mangkokan, Neem, Snake wood, Red lemongrass, Kersen, Patikan kebo , Areca nut, Soursop, Shallots, Moringa, Jeringau. The types of medicinal plants used by the community are for vomiting blood, surgical wounds, low blood pressure, cuts, canker sores, chicken pox, stomach ulcers, coughs, back pain, bleeding, boils, fever, diarrhea, ulcers, headaches, rheumatism, hepatitis. , malaria, colds, toothache, high fever, body odor, cancer, asthma, internal diseases, blood sugar, cholesterol, urinary tract infections, high blood pressure, childbirth, especially the placenta, heartburn. Methods for processing medicinal plants include boiling, eating directly, rubbing, pounding, burning.

Keywords: Medicinal plants, Traditional medicine, East Rote Information

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