

ABSTRAK

UPAYA MENINGKATKAN HASIL BELAJAR PASSING DALAM PERMAINAN SEPAK BOLAMENGGUNAKAN CUNNES BERBENTUK SEGITIGA

Simeon Kadunga^{1*}, M. Rambu P. Wasak², Jimmy Ch. Atty³

^{1,2,3}Program Studi Pendidikan Jasmani, Kesehatan, dan Rekreasi, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Kristen Artha Wacana, Kupang, Indonesia

email. simeonkadunga@gmail.com

Latar belakang: Rendahnya hasil belajar materi passing dalam permainan sepak bola, para siswa terhadap kegiatan yang diadakan di sekolah dan juga para siswa kelas VIII SMP Negeri 7 Lamboya.

Tujuan penelitian: Untuk meningkatkan hasil belajar passing dalam melalui penerapan media Cunnes berbentuk segitiga di SMP N 7 Lamboya.

Metode penelitian: penelitian ini adalah penelitian tindakan kelas (PTK) karena dalam penelitian ini merupakan pada upaya pemecahan masalah ataupun perbaikan yang di rancang menggunakan penelitian tindakan kelas yang bersifat lefleftif dan kolaboratif.

Hasil dan pembahasan: Hasil dalam penelitian ini mempunyai dua siklus dan presentase hasil ketrampilan dalam melakukan passing dalam yaitu siklus 1 dan 2, Pada siklus 1 diketahui jumlah siswa yang mengikuti tes teknik melakukan pasing dalam sebanyak 23 orang siswa. Berdasarkan hasil pelaksanaan tindakan berupa pembelajaran penjas pada materi pasing dalam melalui penerapan media cunnes segitiga seperti diuraikan di atas, maka peneliti merefleksikan bahwa kegiatan pembelajaran tersebut telah dapat dilakukan dengan baik dan terbukti mampu meningkatkan hasil belajar passing dalam melalui penerapan media cunnes segitiga pada siswa kelas VIII di SMP Negeri 7 Lamboya.

Simpulan: Berdasarkan hasil penelitian dan pembahasan diketahui persentase siswa kelas VIII di SMP Negeri 7 Lamboya yang tuntas (NA tes melakukan gerakan passing dalam > 75) pada siklus 1 hanya 64,2%. Namun, persentase ketuntasan belajar siswa meningkat menjadi 86,32% pada siklus 2. Hal tersebut menjelaskan bahwa persentase siswa SMP Negeri 7 Lamboya yang tuntas semakin baik setelah siswa diberi tindakan berupa penerapan media cunnes berbentuk segitiga.

Katakunci: Hasil Belajar, passing dalam cunnes berbentuk segitiga

ABSTRAC

EFFORTS TO IMPROVE PASSING LEARNING RESULTS IN FOOTBALL GAMES USING TRIANGLE-SHAPED CUNNES

Simeon Kadunga^{1*}, M. Rambu P. Wasak², Jimmy Ch. Atty³

1,2,3 Physical Education, Health and Recreation Study Program, Faculty of Teacher Training and Education, Artha Wacana Christian University, Kupang, Indonesia

e-mail. simeonkadunga@gmail.com

Background: Low learning outcomes regarding passing material in the game of soccer, students regarding activities held at school and also students in class VIII of SMP Negeri 7 Lamboya.

Research objective: To improve learning outcomes in passing through the application of triangular Cunnes media at SMP N 7 Lamboya.

Research method: this research is classroom action research (PTK) because in this research it is an effort to solve problems or improvements that are designed using classroom action research that is left-handed and collaborative.

Results and discussion: The results in this study have two cycles and the percentage of skill results in doing deep passing, namely cycles 1 and 2. In cycle 1, it is known that the number of students who took the technique test for doing deep passing was 23 students. Based on the results of implementing actions in the form of physical education learning on deep passing material through the application of triangular cunnes media as described above, the researcher reflects that this learning activity has been carried out well and has been proven to be able to improve learning outcomes of deep passing through the application of triangular cunnes media for class VIII students at SMP Negeri 7 Lamboya.

Conclusion: Based on the results of the research and discussion, it is known that the percentage of class VIII students at SMP Negeri 7 Lamboya who completed (NA test for passing movements in > 75) in cycle 1 was only 64.2%. However, the percentage of students' learning completion increased to 86.32% in cycle 2. This explains that the percentage of students at SMP Negeri 7 Lamboya who completed their studies improved after the students were given action in the form of applying triangular cunnes media.

Keywords: Learning Outcomes, passing in triangular cunnes