

ABSTRAK

METODE GURU MENGAJARKAN SISWA PRAKTEK *PASSING* ATAS BOLA VOLI MENGGUNAKAN MEDIA VIRTUAL

Marsiono T.E. Bengngu^{1*}, David Loba,², Melvianus Selan³

^{1,2,3}Program Studi Pendidikan Jasmani, Kesehatan, dan Rekreasi, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Kristen Artha Wacana, Kupang, Indonesia

email. marsionobengngu@gmail.com

Latarbelakang: Berdasarkan latar belakang masalah, metode guru mengajarkan siswa praktek *passing* atas bola voli menggunakan media virtual di SMA Negeri Insana Barat berjalan tidak efektif karena masih mengalami berbagai macam kendala dan hambatan selama kegiatan pembelajaran

Tujuan penelitian: Adapun tujuan dari penelitian ini adalah untuk menjelaskan penerapan metode pembelajaran yang guru gunakan dalam mengajarkan siswa praktek *passing* atas bola voli menggunakan media virtual di SMA Negeri Insana Barat.

Metode penelitian: Metode yang digunakan dalam penelitian ini adalah deskriptif kualitatif dengan teknik pengumpulan data yang digunakan melalui observasi, wawancara dan dokumentasi serta teknik analisis data dalam penelitian ini yaitu reduksi data, penyajian data, dan penarikan kesimpulan. Sampel pada penelitian ini adalah kepala sekolah, guru PJOK, dan siswa SMA Negeri I Insana Barat

Hasil dan pembahasan: Proses pembelajaran di tengah pandemi covid-19 membuat sekolah harus melakukan pembelajaran secara Virtual. Belajar di rumah dilaksanakan untuk memberikan pengalaman belajar yang bermakna bagi siswa agar tetap menjalankan proses pembelajaran di tengah wabah covid-19. Namun demikian dalam pelaksanaan pembelajaran *online* terdapat kendala dan hambatan yang di hadapi oleh guru dan siswa. Kendala yang di hadapi antara lain jaringan internet yang buruk, ketersediaan media pembelajaran *online* seperti HP Android yang masih belum di miliki oleh semua siswa.

Simpulan: Pelaksanaan pembelajaran *online* bola voli yang di jalankan di SMA Negeri Insana Barat. selama masa pandemi covid-19 sudah baik. Namun dalam pembelajaran *online* bola voli di SMA Negeri Insana Barat masih belum efektif karena masih terdapat beberapa hambatan yang di hadapi dalam proses pembelajaran. Faktor penghambat yang di hadapi guru dan siswa adalah jaringan internet yang tidak stabil sehingga membuat proses pembelajaran berjalan kurang efektif.

Katakunci: *Pembelajaran Virtual; pandemic covid-19*

ABSTRACT

METHOD TEACHER TEACHING STUDENTS PRACTICE PASSING VOLUME BALL USING MEDIAVIRTUAL

Marsiono T.E. Bengngu^{1*}, David Loba,², Melvianus Selan³

1,2,3 Study Program of Physical Education, Health, and Recreation, Faculty of Teacher Training and Education, Artha Wacana Christian University, Kupang Indonesia.

e-mail. marsionobengngu@gmail.com

Background: Based on the background of the problem, the teacher's method of teaching students the practice of passing over volleyball using virtual media at SMA Negeri I Insana Barat is not effective because they are still experiencing various kinds of obstacles and obstacles during learning activities

Research objectives: The purpose of this study is to explain the application of the learning methods that teachers use in teaching students the practice of passing over volleyball using virtual media at SMA Negeri Insana Barat.

Research method: The method used in this research is descriptive qualitative with data collection techniques used through observation, interviews and documentation as well as data analysis techniques in this study, namely data reduction, data presentation, and drawing conclusions. The samples in this study were principals, PJOK teachers, and students of SMA Negeri I Insana Barat

Results and discussion: The learning process in the midst of the COVID-19 pandemic has forced schools to conduct virtual learning. Studying at home is carried out to provide a meaningful learning experience for students to continue the learning process in the midst of the covid-19 outbreak. However, in the implementation of online learning there are obstacles and obstacles faced by teachers and students. Constraints faced include poor internet networks, the availability of online learning media such as Android phones which are still not owned by all students.

Conclusion: The implementation of volleyball online learning which was carried out at SMA Negeri Insana Barat. during the covid-19 pandemic it's been good. However, in online volleyball learning at SMA Negeri Insana Barat it is still not effective because there are still several obstacles faced in the learning process. The inhibiting factor faced by teachers and students is an unstable internet network that makes the learning process less effective.

Keywords: *Virtual Learning; covid-19 pandemic*