

ABSTRAK

OPTIMALISASI PEMBELAJARAN SEPAK BOLA SAAT PANDEMIC COVID-19 DI SDK ST. TARSISIUS LEWOLEBA

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Latar belakang: Berdasarkan latar belakang masalah, Optimalisasi pembelajaran sepak bola saat pandemic covid-19 di sdk st. Tarsisius lewoleba sudah di terapkan namun masih ada beberapa siswa yang belum mampu menerapkannya secara baik dan benar, di karenakan adanya pandemic covid-19 yang menghambat proses pembelajaran. Cara yang saya lakukan adalah dengan memberikan penjelasan serta petunjuk kepada siswa sehingga mereka bisa memahaminya dan menyuruh salah satu siswa untuk memberikan contoh menggiring bola,pasing menggunakan kaki bagian dalam dan luar.

Tujuan penelitian: Adapun tujuan dari penelitian ini adalah untuk mengetahui optimalisasi pembelajaran sepak bola saat pandemic covid-19 di SDK St. Tarsisius lewoleba

Metode penelitian: Metode yang digunakan dalam penelitian ini adalah deskriptif kualitatif dengan teknik pengumpulan data yang digunakan melalui observasi, wawancara dan dokumentasi serta teknik analisis data dalam penelitian ini yaitu reduksi data, penyajian data, dan penarikan kesimpulan. Sampel pada penelitian ini adalah kepala sekolah, guru PJOK, dan siswa kelas VI SDK St. Tarsisius lewoleba.

Hasil dan pembahasan: pembelajaran sepak bola merupakan salah satu upaya strategis untuk meningkatkan proses pembelajaran bagi siswa. Hasil penelitian menunjukkan bahwa pembelajaran sepak bola sudah di terapkan di SDK St. Tarsisius lewoleba. Sehingga para siswa dapat mencapai tingkat keberhasilan proses dan hasil belajar siswa.

Simpulan: Pembelajaran sepak bola saat pandemic covid-19 yang telah di laksanakan di SDK St. Tarsisius lewoleba sudah diterapkan dengan baik.

Kata kunci: *pembelajaran sepak bola saat pandemic;*

ABSTRACT

OPTIMIZATION OF FOOTBALL LEARNING DURING THE COVID-19 PANDEMIC IN SDK ST. TARSISUS LEWOLEBA

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Background: Based on the background of the problem. Optimizing of soccer learning during the covid-19 pandemic in SDK st. Tarsius lewoleba has been implemented but there are still some students who have not been able to apply it properly and correctly, due to the covid-19 pandemic which hampers the learning process. The way I do it to give explanations and intructions to students so they can understandit and tell one of the students to do it. Students to give examples of dribbling. Passing using the inside abd outside of the foot.

Research objective: The purpose of this study was to determine the optimization of soccer learning during the covid-19 pandemic at SDK St. Tarsius lewoleba.

Research method: T he method used in this research is descriptive qualitative with data collection techniques used through observation, interviews and documentation as well as data analysis techniques in this study, namely data reduction, data presentation, and drawing conclusions. The samples in this study were principals, PJOK teachers, and sixth grade students of SDK St. Tarsius lewoleba.

Result and discussion: football learning is one of the strategic efforts to improve the learning process for students. The results showed that soccer learning had been implemented in SDK St. Tarsius lewoleba. So that students can achieve a level of success in the process and student learning outcomes.

Conclusion: Learning football during the covid-19 pandemic that has been carried out at SDK St. Tarsius lewoleba has been applied well. However, in soccer learning there are still students who have not been able to apply it correctly. This is because their age is still very minimal.

Keyword: soccer lessons during a pandemic;